

EMPATHY

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-the power of understanding and imaginatively entering into another person's feelings

-identification with and understanding of another's situation, feelings, and motives.




坛 No one heals themselves by wounding another .



**“PREJUDICE IS A BURDEN THAT CONFUSES THE
PAST, THREATENS THE FUTURE AND RENDERS
THE PRESENT INACCESSIBLE.”**

MAYA ANGELOU

 Lifepack Quotes

EDUCATE YOURSELF

EDUCATE OTHERS

STOP PREJUDICE NOW!

YOU CAN MAKE

A POSITIVE DIFFERENCE

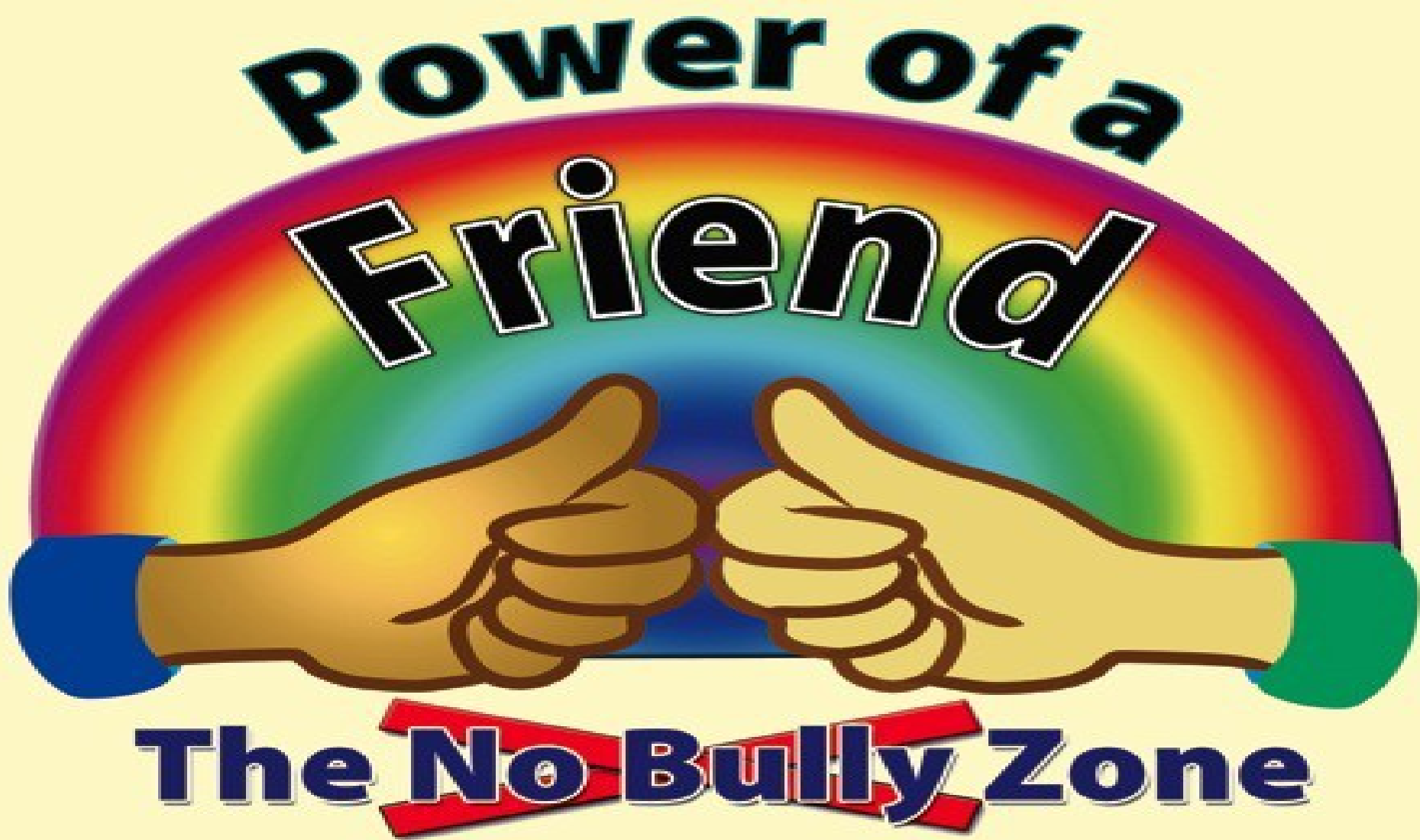
坛 Prejudice is a learned trait. You are not born prejudiced ; You are taught it .

坛

Charles Rozell Swindoll



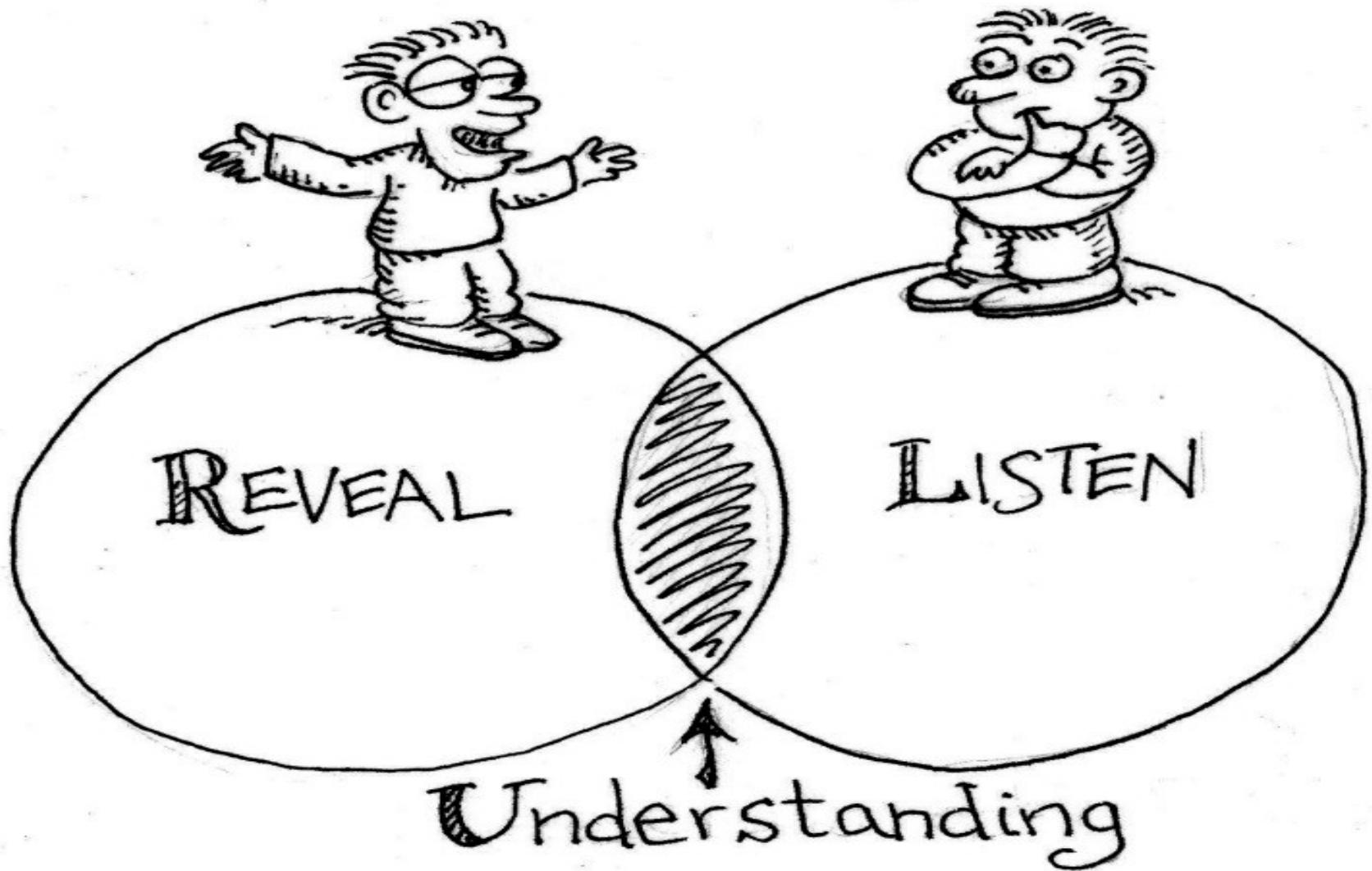
坛 Pulling someone down will never help you reach top.



坛 Wrong is wrong even if everyone is doing it . Right is right even if no one is doing it.

坛

Augustine of Hippo



坛 Be thankful for the struggles you go through. They make you stronger and wiser. Don't let them break you . Let them make you.



坛 No one can make you feel inferior without your consent.

坛

Eleanor

A green, rectangular sign with rounded corners and a white border, mounted on two wooden posts. The word "Confidence" is written in large, white, sans-serif capital letters across the sign. The background is a bright blue sky with scattered white clouds.

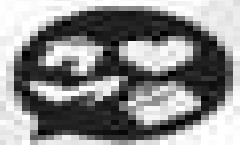
Confidence

坛 True confidence has no room for jealousy and envy. When you know you are great, you have no reason to hate.



坛 It's not what you are that is holding you back . It's what you think you are not.

CONFIDENCE IS LIKE A MUSCLE:
THE MORE YOU USE IT, THE
STRONGER IT GETS.



坛 Be humble in your confidence yet courageous in your character.

坛

Melanie Kourleiris



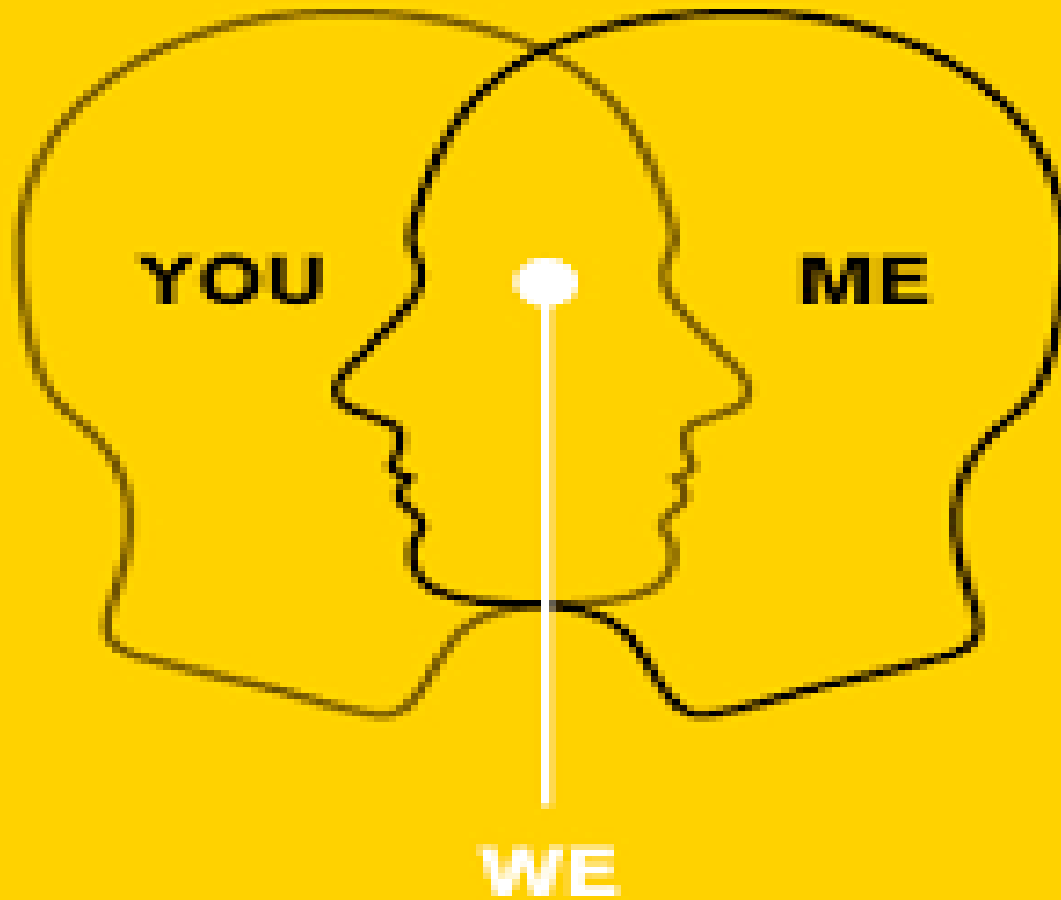
坛 Nobody has the right to define who you are. Be true to yourself, because your opinion is the only one that matters.



坛 Everyone is a genius. But if you judge a fish on it's ability to climb a tree , it will live it's whole life believing that it is stupid.

坛

Albert Einstein



坛 Whenever you feel like criticizing any one...just remember that all the people in this world haven't had the advantages that you've had.